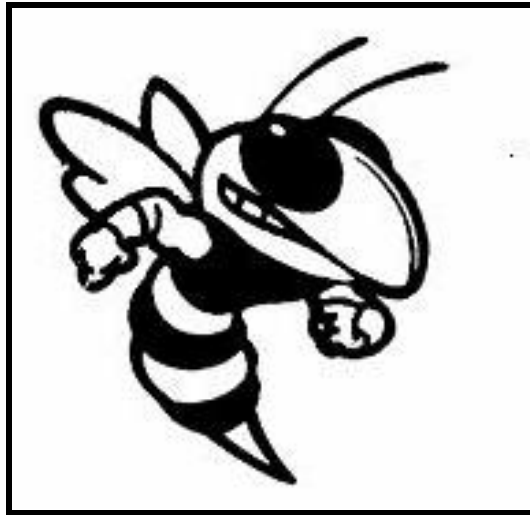


# **New Lothrop High School**

## **Senior Seminar 2023-2024**



**Seminar Advisor: Joanna Czymbor**  
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# **SENIOR SEMINAR SYLLABUS**

## **SEMINAR #1: Thursday, September 7, 2023 @ 1:15-2 pm**

- Overview of Senior Seminar
- Review Job Shadow Assignment
  - Try your best to complete before Winter Break!
  - Send a thank you letter within one week of the job shadow & submit a copy in portfolio
  - Type assignment & submit a copy in portfolio
  - If you complete your job shadow during regular school hours, please submit documentation to the high school office using a Job Shadow Absence Form so the absence is excused.
- Review College Application & Parchment Process/Overview of College Month

## **SEMINAR #2: Thursday, November 2, 2023 @ 1:20-1:50 pm**

- Review Portfolio Assignment
- Job Shadow Check-in
- Submit portfolio to Mrs. C on or before **Thursday, February 1, 2024**

## **SEMINAR #3: Thursday, January 18, 2024 @ 12:35-2:45 pm**

- Portfolio Work time
- Submit portfolio to Mrs. C on or before **Thursday, February 1, 2024**

## **SEMINAR #4: Thursday, February 1, 2024**

- Submit portfolio to Mrs. C on or before **Thursday, February 1, 2024**

## **SEMINAR #5: Thursday, March 14, 2024 @ 1:30-2 pm**

- Review Senior Interview Information
- Assignment: Prepare for **Senior Interview (Wednesday, May 15, 2024)**

## **SEMINAR #6: Wednesday, May 15, 2024**

- Senior Seminar Interview Day

## **Job Shadow Assignment**

### **Instructions**

- ❑ Contact a professional employee in your career interest area and set up a Job Shadow or Interview experience. We understand that due to restrictions, you may not be able to spend the day working with someone in your specific career field of interest. Therefore, we encourage you to set up an interview if you are unable to job shadow.
- ❑ Use the questions in your Reflection Assignment (see next page) to help you generate questions to use during your job shadow or interview. Complete the **Reflection Assignment**, and include it in your Portfolio.
- ❑ Finally, make sure you write a **thank you note/letter** to the professional and send it within one week of your job shadow/interview. A copy of your **thank you note/letter** should also be submitted in your portfolio.

## **Job Shadow Reflection Assignment**

***Instructions:*** Please respond to the following questions in thoughtful, typed statements. Submit this assignment in your portfolio.

1. Who did you job shadow or interview, and what is the professional's job title and company name?
2. What type of work did you observe or learn about? Please explain.
3. Describe in detail the professional's job site and environment.
4. Describe the professional's typical day.
5. Is post-secondary training needed for this career? Please explain.
6. What do you like best about this career based on your job shadow or interview?
7. What do you like least about this career based on your job shadow or interview?
8. What was the most important thing you learned from the job shadow or interview?
9. What professional advice did he/she give you?
10. Now that you've completed the job shadow or interview, would you consider a career in this field? Why or why not?

## **Job Shadow Thank You Note/Letter Guidelines**

It is important to thank the person you shadowed. A thank you note does not have to be lengthy; however, you should try to personalize it by including at least two things you learned while on the job shadow. Let your host know why the job shadow was important to you or what you particularly enjoyed. Please make a copy of your Thank You Note/Letter and submit it in your portfolio.

### **SAMPLE**

**Date**

**Dear Mr./Mrs. \_\_\_\_\_,**

Use the following ideas to help you write your note. Be as specific as possible, and try to include at least two things you learned while on the job shadow.

- o Thank your host for his/her time.
- o Write about something that you learned or found interesting.
- o Write about something that you enjoyed during your job shadow.
- o Explain what this experience meant to you.

Close by thanking the employer for his or her time and effort in answering your questions and allowing you to observe.

**Sincerely,**

**Your Name**

**If you would rather use a thank you card, feel free to do so!  
Just make a copy before sending!**

# **Job Shadow Absence Form**

*(To be completed by Professional on Job Shadow Date)*

**Student Name:**

**Professional's Name:**

**Professional's Company Name:**

**Professional's Email:**

**Professional's Comments:**

(Please feel free to share any suggestions or comments about this Job Shadow Experience)

**Professional's Signature:** \_\_\_\_\_

**Date of Job Shadow:** \_\_\_\_\_

*This form is only used to excuse an absence.*

*Please submit this form to Mrs. C or Mrs. Bishop in the office.*

# **Senior Seminar**

## **Portfolio Requirements**

**Due:** February 1, 2024

**Assignment:** Create a professional portfolio that includes the following information and submit it to Mrs. Czymbor on or before February 1, 2024.

In a binder, please include the following pages using page protectors:

- Title Page (name & picture in professional attire)
- Resume
- Cover Letter
- Job Shadow Reflection Assignment
- Copy of Job Shadow Thank You Note/Letter
- Copy of Completed Job Application or College Application
  - May use a college acceptance letter(s)
- Letter of Recommendation (suggestion: an employer, family friend, coach, etc.)
- Optional: Additional Awards, Activities, and/or Recognition Photos

## Senior Seminar Interview

**Date:** Wednesday, May 15, 2024

**Details:** Be prepared to answer the following questions in a business interview format; dress professionally and bring your portfolio. Interviews typically last about 20 minutes. Please check in outside of the high school office 15 minutes prior to your scheduled interview.

1. Tell us about yourself. (Discuss hobbies, interests, family, job, etc.)
2. What is one thing you'd like to point out in your portfolio?
3. What high school course has prepared you the most for your future, and why?
4. Describe your job shadow or interview experience.
  - a. Any fun stories or highlights?
5. What are your career plans?
6. What will it take to attain this career/what's your next step? (education, training, etc.)
7. Why have you chosen this career?
8. What are your immediate future plans after high school? (summer job, college, etc.)
9. What is the most important trait in an employee and why?
10. How has the New Lothrop Area Public School district and community supported you and helped you become who you are today?
11. What has been a moment or season that you're most proud of during your high school career?
12. Who has impacted you the most in high school? Please explain.
13. In high school, you have many opportunities to be part of a team, both in school and outside of school. Tell us about a time when you've contributed to a team and what you gained from that experience.
14. If there is anything you could go back and do differently in high school, what would it be and why?
15. If you could give advice to 7th graders (or underclassmen), what would it be?
16. This year, you have been part of building a Hornet 15 culture which promotes being a better person by making someone's else's day better. Explain how you've done it this year!
17. Is there anything else you would like to share with the panel?